Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Wk# \_\_

Test Preparation Tips

* Preparation for your first test should begin after the first day of class; this includes studying, completing h and reviewing study materials on a r basis.
* Budget your t , make sure you have sufficient time to study so that you are well prepared for the test.

* Go to review, pay attention to h that the instructor may give about the test. Take careful notes and a q about items you may be confused about.

* Ask the instructor to s the areas that will be emphasized on the test.
* Make sure you go to the class right b the test; it's another prime time for the instructor to give out more hints or the format of the test.

* Go over any material from p t , HW's, sample problems, review material, the textbook, c n ...
* Eat before a test, having f in your stomach will give you energy and help you focus, but avoid h foods which can make you groggy.

* Don't try to pull an all-nighter, get at least e hours of sleep before the test.

* Put the main ideas/information/formulas onto a sheet that can be quickly reviewed many times, this makes it easier to retain the k c that will be on the test.
* Try to show up at least f minutes before the test will start.

* Set your alarm and have a b alarm set as well.

* Go to the b before walking into the exam room, you don't want to waste any time worrying about your bodily needs during the test.